

# BALGOWAN HOUSE

RESIDENTIAL & NURSING HOME



Traditional Care  
*by the sea*

[balgowanhouse.com](http://balgowanhouse.com)

# Our Services

✓ Highly qualified and experienced staff

✓ Ongoing commitment to training for all staff

✓ Work closely with local GP practices although use own if preferred

✓ Visiting GP, Dentist, Chiropodist, Hairdresser, Optician and Clergy

✓ Regularly reviewed and personalised care plans

✓ Warm & friendly atmosphere

✓ No restrictions on visiting times





## Nursing Care

At Balgowan House, we have established an excellent reputation for our nursing care facilities.

We have a dedicated team of highly qualified care staff who are on hand 24 hours a day to provide nursing and personal care. We tailor the care we provide to the individual needs of each and every one of our residents.

## Residential Care

Balgowan House offers residential care in well-furnished rooms with comfortable, attractive communal areas both inside and outside.

We recognise that our residents require varying levels of support and we are able to tailor the care we provide to the individual needs of each and every one of our residents.

A varied programme of leisure activities is available and there are opportunities to enjoy a busy social calendar.





## Balgowan House

Located close to the picturesque Saltwood Village Green, Balgowan House was originally built over 100 years ago as an impressive family house. With the addition of later extensions, the building now provides a warm and friendly environment in which to reside and enjoy a comfortable and distinctly family feel.



## Our Ethos

At Balgowan House, we are passionate about the service we provide and caring for our residents in later life.

Our ethos is to promote a relaxing atmosphere of care and support which both encourages and enables our residents to live as fulfilled, interesting and independent a lifestyle as possible.

From the friendly faces you encounter as you walk through the door to the tastefully decorated accommodation, the delicious meals on offer and the warm and welcoming atmosphere. The aim is always to provide a comfortable and desirable home from home.

## Infection Control

Balgowan House recognises its responsibilities and clearly communicates the safe working practices required for infection prevention and control to all staff.

Balgowan House is committed to minimising the risk of infection in our home by ensuring good standards of basic hygiene and applying universal infection control procedures.

Balgowan House achieves this through a robust risk assessment process, implementation of effective controls and the provision of PPE, appropriate training and equipment to all staff and visitors.

## Our Facilities

- ✓ Comfortable rooms with TV
- ✓ Nurse Call System
- ✓ Choice of tastefully decorated and comfortable communal areas
- ✓ Quality furnishing and decor throughout the home
- ✓ Twin rooms available for those that wish to share
- ✓ Wi-Fi available throughout the home
- ✓ Comprehensive selection of moving and handling equipment
- ✓ Fully profiling beds with safety rails are available whenever required
- ✓ Wide range of pressure relieving mattresses and cushions
- ✓ Bath and shower facilities suitable for all residents' needs
- ✓ Attractive and accessible patio areas



## Activities

We encourage residents at the home to fulfil their potential and lead active lives.

We have a dedicated Activities Coordinator who ensures that each resident can participate in activities tailored to them or as part of a group, daily.

Aside from the daily programme, we have weekly events from external groups, e.g. singers.

The ethos of the home is that every moment has the potential for a resident to be stimulated and engaged in fulfilling their social needs.

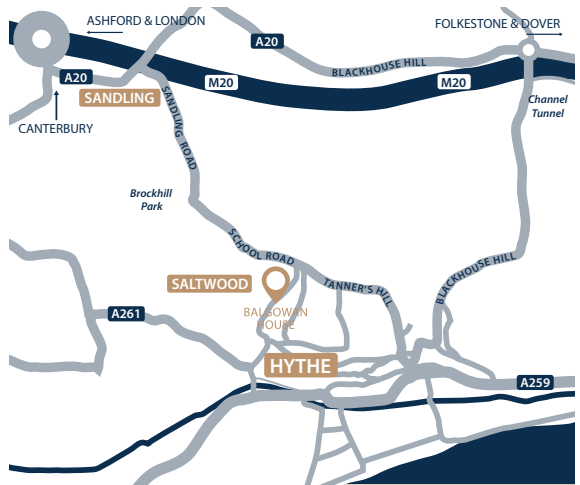




“We are eternally grateful to the staff at Balgowan for the wonderful care so willingly given to our Dad. It was so comforting to see him settled and happy”

## Location

We are located within a short drive of the M20 (Junction 11) with easy access to the centre of Hythe and bus routes with links to Folkestone, Canterbury and Romney Marsh. The nearest mainline stations are at Sandling and Folkestone with Ashford International station and Eurotunnel ten minute away.



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